



**JOIN INDIAN ARMY**  
**JAG ENTRY SCHEME 24<sup>TH</sup> COURSE (APR 2020) :**  
**SHORT SERVICE COMMISSION (NT) COURSE FOR**  
**LAW GRADUATES (MEN AND WOMEN)**



1. Applications are invited from **UNMARRIED** male and female LAW GRADUATES for grant of Short Service Commission in the Indian Army for Judge Advocate General Branch.

2. **Eligibility**

(a) **Nationality.** A candidate must either be: (i) A citizen of India, or (ii) A subject of Bhutan, or (iii) A subject of Nepal, or (iv) A Tibetan refugee who came over to India before the 1st January 1962 with the intention of permanently settling in India or (v) A person of Indian origin who has migrated from Pakistan, Burma, Sri Lanka and East African countries of Kenya, Uganda, United Republic of Tanzania, Zambia, Malawi, Zaire and Ethiopia and Vietnam with the intention of permanently settling in India, provided that a candidate belonging to categories (ii), (iii), (iv) and (v) above shall be a person in whose favour a certificate of eligibility has been issued by the Government of India. Certificate of eligibility will, however, not be necessary in the case of candidates who are Gorkha subjects of Nepal.

(b) **Age Limit.** 21 to 27 years as on 01 Jan 2020 (Born not earlier than 02 Jan 93 and not later than 01 Jan 99 both dates inclusive).

**Note:-** The date of birth accepted by the office is that entered in the Matriculation or an equivalent examination certificate. No other document relating to age will be accepted and no subsequent request for its change will be considered or granted.

(c) **Educational Qualification.** Minimum 55% aggregate marks in LLB Degree (three years professional after graduation or five years after 10+2 examination). The candidates should be eligible for registration as an advocate with Bar Council of India/State. Candidate should be from a College/University recognized by Bar Council of India.

3. **Vacancies.** Men - 05, Women - 03.

4. **Terms and Conditions of Service**

(a) **Tenure Of engagement.** Selected candidates (Male and Female) will be granted Short Service Commission in the regular Army for 14 years i.e. for an initial period of 10 years extendable by a further period of 04 years. Officers who are willing to continue to serve in the Army after the expiry of period of ten years in Short Service Commission may, if eligible and suitable in all respects, be considered for the grant of permanent commission in the 10th year of their Short Service Commission in accordance with the relevant rules. Those SSC officers, who are not selected for grant of PC but are otherwise considered fit and suitable, will be given options to continue as SSCOs for a total period of 14 years (including the initial tenure of 10 years) on expiry of which they will be released from the Army.

(b) **Period of Probation.** An officer will be on probation for a period of 6 months from the date he/she receives his/her commission. If he/she is reported on within the probationary period as unsuitable to retain his/her commission, his/her services may be terminated any time whether before or after the expiry of the probationary period.

(c) **Ante Date Seniority.** No ante date seniority will be granted.

(d) **Termination of Commission.** An officer granted Short Service Commission will be liable to serve for ten years but his/her Commission may be terminated at any time by the Government of India for:-

(i) Misconduct or if his/her services are found to be unsatisfactory, or

(ii) On account of when found medically unfit, or

(iii) If his/her services are no longer required, or

(iv) If he/she fails to qualify in any prescribed test or course.

(v) An officer may on giving 03 months notice be permitted to resign his/her commission on compassionate grounds of which the Government of India will be the sole judge. An officer who is permitted to resign his/her commission on compassionate grounds will not be eligible for terminal gratuity.

(e) **Reserve Liability.** Short Service Commission Officers on release before or expiry of contractual length of service will carry reserve liability to serve the Army for five years plus two years on voluntary basis or up to the age of 37 years for women and 40 years for men whichever is earlier.

5. **Training.** Duration of training is 49 weeks at OTA, Chennai.

(a) Selected candidates will be detailed for training at OTA, Chennai according to their position in the final order of merit, up to the number of available vacancies, subject to meeting all eligibility criteria.

(b) Candidates will neither be allowed to marry during the period of training nor will he/she be allowed to live with parents/Guardians. Candidates must not marry until they complete the full training at the Officers Training Academy. A candidate, who marries subsequent to the date of his/her application, though successful at the Services Selection Board interview and medical examination, will not be eligible for training. A candidate if he/she marries, while under training, shall be discharged and will be liable to refund all expenditure incurred on him/her by the government.

(c) All candidates who successfully complete Pre-Commission training at Officers Training Academy, Chennai will be awarded "**Post Graduate Diploma in Defence Management and Strategic Studies**" by University of Madras.

(d) **Cost of Training.** The entire cost of training at OTA is at Government expense. In case the cadet is withdrawn from training academy due to reasons other than medical ground or the reasons not beyond his/her control, he/she will be liable to refund cost of training @ **Rs. 11,067/- per week till Sep 2019, thereafter a yearly escalation of 8% p.a. will be calculated on the Per Capita Cost of Training for each ensuing year** (or as notified from time to time) for the period of his/her stay at OTA, Chennai.

6. The final allocation of Arms/Services will be made prior to passing out of gentleman cadets/Lady cadets from OTA.

7. **Promotion Criteria and Salary Structure**

(a) **Promotion Criteria**

Rank	Promotion Criteria
Lieutenant	On commission
Captain	On completion of 2 years
Major	On completion of 6 years
Lt Colonel	On completion of 13 years
Colonel (TS)	On completion on 26 years
Colonel	On selection basis subject to fulfillment of requisite service conditions
Brigadier	
Major General	

(b) **Pay**

Rank	Level	(Pay in Rs.)
Lieutenant	Level 10	56,100 - 1,77,500
Captain	Level 10 B	61,300 - 1,93,900
Major	Level 11	69,400 - 2,07,200
Lieutenant Colonel	Level 12A	1,21,200 - 2,12,400
Colonel	Level 13	1,30,600 - 2,15,900
Brigadier	Level 13A	1,39,600 - 2,17,600
Major General	Level 14	1,44,200 - 2,18,200

(c) **Military Service Pay (MSP)** MSP to the officers from the rank of Lt to Brig Rs 15,500/- p.m. fixed.

(d) **Fixed Stipend for Cadet Training**

Stipend to Gentlemen or Lady Cadets during the entire duration of training in Service academies i.e. during training period at OTA.	Rs 56,100/-p.m.* (Starting pay in Level 10)
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\*On successful commissioning, the pay in the Pay Matrix of the Officer Commissioned shall be fixed in first Cell of Level 10. The period of training shall not be treated as commissioned service. Arrears on account of admissible allowances, as applicable, for the training period shall be paid to cadets.

(e) **Other Allowances**

Dearness Allowance	Admissible at the same rates and under the same conditions as are applicable to the civilian personnel from time to time
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(f) Depending upon rank and area of posting, officers posted to Field Areas will be eligible for the following Field Area allowances:-

Rank	Level	HAGA	Fd Area Allowance	Mod Fd Area Allowance
Lieutenant and above	Level 10 and above	16900 R1H2	10500 R2H2	6300 60% of R2H2

(g) **High Altitude Allowance**

Rank	Level	CAT-I (Per month)	CAT-II (Per month)	CAT-III (Per month)
Lieutenant and above	Level 10 and above	3400 R3H2	5300 R3H1	25000 R1H1

(h) **Siachen Allowance.** Siachen Allowance will be Rs. 42,500/- per month.

(j) **Uniform Allowance.** Subsumed into the newly proposed Dress Allowance i.e. Rs. 20,000/- per year.

(k) **Free Ration**

- (i) Applicable in Fd Area to all Defence Officers.
- (ii) Defence officers posted in peace area to get Ration Money Allowance (RMA) every month.

(l) **Transport Allowance (TPTA)**

Pay Level	Higher TPTA Cities (Rs. Per month)	Other Places (Rs. Per month)
10 and above	Rs. 7200+DA thereon	Rs. 3600+DA thereon

**Note**

(i) **Higher Tpt Cities (UA).** Hyderabad, Patna, Delhi, Ahmadabad, Surat, Bengaluru, Kochi, Kozhikode, Indore, Greater Mumbai, Nagpur, Pune, Jaipur, Chennai, Coimbatore, Ghaziabad, Kanpur, Lucknow, Kolkata.

(ii) The allowance shall not be admissible to those service personnel who have been provided with the facility of Government transport.

(iii) Officers in Pay Level 14 and above, who are entitled to use official car, will have the option to avail official car facility or to draw the TPTA at the rate of Rs. 15,750+DA p.m thereon.

(iv) The allowance will not be admissible for the calendar month(s) wholly covered by leave.

(v) Physically disabled service personnel will continue to be paid at double rate, subject to a minimum of Rs 2,250+ DA p.m.

(m) **Children Education Allowance. Rs. 2250/- per month** per child for two eldest surviving only. CEA is admissible from Nursery to 12<sup>th</sup> Classes.

(i) Reimbursement should be done just once a year, after completion of the financial year (which for most schools coincides with the Academic year).

(ii) Certificate from the head of institution where the ward of government employee studies should be sufficient for this purpose. The certificate should confirm that the child studied in the school during the previous academic year.

(iii) In the case of allowances specific to Defence Forces, the rates of these allowances would be enhanced by 25% automatically each time the Dearness Allowance payable on the revised pay band goes up by 50% (GoI letter No. A-27012/02/2017-Estt.(AL) dated 16 Aug 2017).

(n) Pl note that pay & allowances and rules/provisions thereof are subject to revision from time to time.

8. **Army Group Insurance Fund (AGIF)**. The Gentlemen/Lady cadets when in receipt of stipend are insured for Rs. 75 lakh with effect from 01 Oct 2016. **Those who are invalidated out by IMB on account of disability and not entitled to any pension will be provided Rs. 25 lakhs for 100 percent disability. This will be proportionately reduced to Rs 5 lakhs for 20 percent disability.** However, for less than 20 percent disability, only an Ex-Gratia Grant of Rs. 50,000/- for initial year of training and Rs. 1 lakh during the last year of training will be paid. Disability due to alcoholism, drug addiction and due to the diseases of pre-enrolment origin will not qualify for disability benefit and Ex-Gratia Grant. In addition, Gentleman/Lady cadets withdrawn on disciplinary grounds, expelled as an undesirable or voluntarily leaving the Academy will also not be eligible for disability benefits and Ex-Gratia. Subscription at the rate of Rs. 5,000/- will have to be paid in advance on monthly basis by Gentlemen/Lady cadets to become member under the main AGI Scheme as applicable to regular Army Officers. The subscription for the relegated period would also be recovered at the same rate.

#### 9. **How to Apply**

(a) **Applications will only be accepted online on website [www.joinindianarmy.nic.in](http://www.joinindianarmy.nic.in). No offline applications will be accepted.**

(b) Open the website [www.joinindianarmy.nic.in](http://www.joinindianarmy.nic.in).

(c) Click on Officers Entry '**Apply/Login**' and then click '**Registration**'.

(d) Follow onscreen instructions for registration. Fill online Registration after reading instructions very carefully. After registration, your profile will open. Click on '**Apply Online**' to process the application. A page '**Officers Selection-Eligibility**' will open.

(e) Your registration details will confirm your eligibility to apply. Click on '**Apply**' and a page '**Application Form**' will open. Proceed with the application as per onscreen instructions. Read onscreen instructions carefully and click '**Continue**' to fill details under various segments i.e, personal information, Communication details, Education details and details of previous SSB. '**Save & Continue**' each time before you proceed to the next segment.

(f) After filling details of last segment, you will move to a page '**Summary of Information**' wherein you can check & edit entries you have made so far. Only after ascertaining the correctness of all your details click on '**Submit**'. Candidates must click on '**Submit**' each time they open the application for editing any details. The candidates will take out **two** copies of their application having Roll Number, 30 minutes after closure of online application on last day.

(g) One copy of the application form duly signed and self attested, photograph affixed will be carried to the selection Centre for SSB. The second copy of the printout of online application is to be retained by the candidate for his reference. **There is no need to send any hard copy to Directorate General of Recruiting.**

(h) Candidates serving in the Armed Forces are required to inform their Commanding Officer in writing that they have applied for this examination. Applications of Candidates serving in the Armed Forces, duly countersigned by the Commanding Officer should be taken alongwith all other documents as stated above to the SSB as and when called for the same.

**CANDIDATES ARE ADVISED TO READ THE NOTIFICATION CAREFULLY AND THEN FILL UP ONLINE APPLICATION FORM TO AVOID MISTAKES, AND THEREBY REJECTION OF APPLICATION.**

**Note 1.** No changes to details submitted in online application can be made after closure of application. No representations in this regard shall be entertained.

**Note 2.** CGPA/Grades must be converted into marks as per the formulae adopted by the concerned University for filling 'Marks obtained' columns in online application.

(j) Documents to be carried to the Selection Centre by the candidate **duly self attested:-**

- (i) One copy of the Print out of application form duly signed and self attested photograph affixed.
- (ii) Copy of Matriculation or equivalent certificate issued by the concerned Board of education (for proof of age) and Class X Marks Sheet.
- (iii) Copy of 12th Class Certificate & Marks sheet.
- (iv) Copy of Graduation Degree/Provisional Degree (in case of three years LLB after graduation).

- (v) Copy of LLB Degree/Provisional Degree.
- (vi) Copy of Marks sheets of all years/Semesters.
- (vii) Copy of registration with Bar Council of India/State **OR** Certificate from college/University that the LLB Course in the said institution is recognized by Bar Council of India.
- (viii) Certificate issued by the University regarding formulae for conversion of CGPA/Grades into marks followed by the University.

**Note 1.** All above mentioned certificates are also required to be carried in Original. Originals will be returned after verification at the Service Selection Board itself.

**Note 2.** Candidates who do not carry the above documents for the SSB Interview, their candidature will be **CANCELLED** and they will not be allowed to attend SSB Interview. No representation will be entertained in this regard.

(k) Candidates must submit only one application. Receipt of multiple applications from the same candidate will result in cancellation of candidature, and no representation will be entertained in this regard.

10. **Selection Procedure.** The selection procedure is as follows:-

(a) **Shortlisting of Applications.** Integrated HQ of MoD (Army) reserves the right for shortlisting of applications, without assigning any reason. After shortlisting of applications, the Centre allotment will be intimated to candidates via their email approx 2-3 weeks after last day of application. After allotment of Selection Centre, candidates will have to log in to the website and select their SSB dates which are available on a first come first serve basis, upto a specified date, as notified on website.

(b) Only shortlisted eligible candidates will undergo SSB at Selection Centres, Allahabad(UP), Bhopal(MP), Bangalore (Karnataka) and Kapurthala (PB). Call up letter for SSB interview will be issued by respective Selection Centre on candidate's registered e-mail id and SMS only. Allotment of Selection Centre is at the discretion of Directorate General of Recruiting, IHQ of MoD (Army) and NO request for changes will be entertained in this regard.

(c) Candidates will be put through two stage selection procedure. Those who clear Stage I will go to Stage II. Those who fail in stage I will be returned on the same day. Duration of SSB interviews is five days and details of the same are available on official website of Directorate General of Recruiting i.e, [www.joinindianarmy.nic.in](http://www.joinindianarmy.nic.in). This will be followed by a medical examination for the candidates who get recommended after Stage II.

(d) Candidates recommended by the SSB and declared medically fit, will be issued joining letter for training in the order of merit, depending on the number of vacancies available, subject to meeting all eligibility criteria.

11. **Medical Examination.** Medical Standards and procedure of Medical Examination for SSC JAG Entry-24 (Men & Women) Course (Apr 2020) as applicable are given at Appendix.

**Note-1.** The proceedings of the Medical Board are confidential and will not be divulged to anyone. Directorate General of Recruiting has no role to play in any Medical Boards and procedure advised by the medical authorities will be strictly adhered.

12. **Entitlement for Travelling Allowance.** Candidates appearing for SSB interviews for the first time for a particular type of commission shall be entitled for AC 3-Tier to and fro railway fare or bus fare including reservation-Cum-Sleeper Charges within the Indian Limits. Candidates who appear again for the same type of commission will not be entitled to travelling allowances on any subsequent occasion. **For any query/clarification regarding admissibility or payment of travelling allowance, the candidates may directly approach the concerned Selection Centres.**

13. **MERIT LIST.** IT IS TO BE NOTED THAT MERE QUALIFYING AT THE SSB INTERVIEW DOES NOT CONFIRM FINAL SELECTION. MERIT LIST WILL BE PREPARED ON THE BASIS OF THE MARKS OBTAINED BY THE CANDIDATE AT SSB INTERVIEW. HIGHER EDUCATIONAL QUALIFICATIONS, PREVIOUS PERFORMANCES ETC HAVE NO ROLE TO PLAY. THOSE IN THE MERIT LIST AND WHO COME WITHIN THE STIPULATED VACANCIES AND ARE MEDICALLY FIT WILL BE ISSUED JOINING LETTERS FOR PRE-COMMISSIONING TRAINING AT OTA, CHENNAI.

14. On joining the Army, some of Personal Restrictions in Service will be imposed in accordance with Article 33 of Constitution of India as promulgated in the Army Act and Army Rules from time to time.

15. **Change of Interview Dates.** Request for change of SSB interview date/centre will NOT be entertained or replied.

**Note 1.** Any ambiguity/false information/concealment of information detected in the certificates/documents/online application will result in cancellation of the candidature at any stage of selection.

**Note 2.** The candidate should have never been debarred from appearing in any examination by UPSC.

**Note 3.** The candidate should have never been arrested or convicted by a criminal court or involved in any case.

**Note 4.** Candidates withdrawn from NDA, IMA, OTA, Naval Academy, Air Force Academy or any Service Training Academy on disciplinary grounds are not eligible to apply.



**Note 5.** For all queries regarding allotment of Selection Centres, date of interview, merit list, joining instructions and any other relevant information please visit our website [www.joinindianarmy.nic.in](http://www.joinindianarmy.nic.in). **Queries will be replied ONLY through 'Feedback/Queries' option available on the Rtg website.**

**Note 6.** **PI read the Notification, Tickers on website, Joining Instructions** and other instructions uploaded on the website thoroughly before submission of queries in '**Feedback/Query**' on our website.

**Note 7.** In order to avoid last hour rush, and ensure timely response. **Queries received upto 3 days prior to closing of online application will ONLY be entertained/replied.**

**ONLINE APPLICATION WILL OPEN ON 16 JUL 2019 AT 1200 HRS AND WILL CLOSE ON 14 AUG 2019 HRS AT 1200 HRS.**

**Appendix**

(Refer to Para 11 of Notification for JAG Entry -24  
(Men & Women) (Apr 2020) Course)

**MEDICAL STANDARDS AND PROCEDURE OF MEDICAL EXAMINATION  
FOR JAG ENTRY-24 (MEN & WOMEN) COURSE (APR 2020)**

Guidelines with regard to Medical Standards and procedure of medical examination for Candidates for JAG Entry - 24 (Men & Women) (Apr 2020) Course as applicable.

Note-I : Candidates must be physically and mentally fit according to the prescribed physical standards. Medical fitness criteria given below are as per existing guidelines as on date of publication and these guidelines are subject to revision.

A number of qualified candidates are rejected subsequently on medical grounds. Candidates are, therefore, advised in their own interest to get themselves medically examined before submitting their applications to avoid disappointment at the final stage. Candidates are also advised to rectify minor defects/ailments in order to speed up finalization of medical examination conducted at the Military Hospital after being recommended by SSBs.

Few of such commonly found defects/ailments are listed below:-

- (i) Wax (ears)
- (ii) Deviated Nasal Septum
- (iii) Hydrocele/Varicocele/Phimosis
- (iv) Overweight/Underweight
- (v) Piles and
- (vi) Gynaecomastia.

Note-II: Permanent body tattoos are only permitted on inner face of forearm i.e, from inside of elbow to the wrist and on the reverse side of palm/back (dorsal) side of hand. Permanent body tattoos on any other part of the body are not acceptable and candidates will be barred from further selection. Tribes with tattoo marks on the face or body as per their existing custom and traditions will be permitted on a case to case basis. Commandant Selection Centre will be competent authority for clearing such cases

1. A candidate recommended by the Services Selection Board will undergo a medical examination by a Board of Service Medical Officers. Women candidates will undergo Medical Examination by a Medical Board comprising male/female doctors/specialists/ Gynaecologist. There will be a Lady Medical Officer as Member of Board. Only those candidates will be admitted to the Academy who are declared fit by the Medical Board. However, the candidates declared unfit will be intimated by the President of the Medical Board and procedure for request for an Appeal Medical Board (AMB) will also be intimated to the candidate.

2. Candidates who are unfit may apply for Appeal Medical Board (AMB) to be completed within 42 days of SMB and may request for Review Medical Board (RMB) within one day of completion of Appeal medical Board. Candidates declared unfit by AMB will be intimated by the President AMB about procedure of challenging the findings of AMB. The candidates will also be intimated that holding Review Medical Board (RMB) will be granted at the discretion of DGAFMS based on the merit of the case and that RMB is not a matter of right. The candidate should address the request for RMB if he/she so desires to DG Rtg (CDSE ) for Men and DG Rtg (WE/SE) for Women candidates, IHQ MoD (Army), West Block-III, R.K. Puram, New Delhi-110066 and a copy of the same is handed over to the President of AMB. The O/o the DGAFMS will inform the date and place (Delhi and Pune only) where the candidate will appear for a RMB. The candidate must be physically fit according to the prescribed physical standards which are summarized below:

- (a) The candidate must be in good physical and mental health and free from any disease/disability which is likely to interfere with the efficient performance of duties.
- (b) There should be no evidence of weak constitution, bodily defects or underweight. The candidate should not be overweight or obese.
- (c) The minimum acceptable height for male candidates is 157.5 cms. For women candidates, minimum acceptable height is 152 cms. For Gorkhas and individuals belonging to hills of North-Eastern region of India, Garhwali and Kumaon, the Minimum acceptable height will be 5 cms less. In case of candidates from Lakshadweep, the minimum acceptable height can be reduced by 2 cms. However, for women candidates minimum acceptable height is 148 cm even after relaxation. Height and Weight standards are given below. Interpolation for weights against height (not in the table) may be done.

**MALE AVERAGE WEIGHT IN KILOGRAMS FOR  
DIFFERENT AGE GROUP AND HEIGHTS  
(10% Variation on Either Side of Average Acceptable)**

Height in Centimeters (Without shoes)	Weight in Kgs.		
	18 years	20 years	22 years
152	44	46	47
155	46	48	49
157	47	49	50
160	48	50	51
162	50	52	53
165	52	53	55
168	53	55	57
170	55	57	58
173	57	59	60
175	59	61	62
178	61	62	63
180	63	64	65
183	65	67	67
185	67	69	70
188	70	71	72
190	72	73	74
193	74	76	77
195	77	78	79

**FEMALE AVERAGE WEIGHT IN KILOGRAMS FOR  
DIFFERENT AGE GROUP AND HEIGHTS  
(10% Variation on Either Side of Average Acceptable)**

Height in Centimeters (Without shoes)	Weight in Kgs.		
	20 years	25 years	30 years
148	39	41	43
150	40	42	43.5
153	42	43.5	45
155	43	44	46
158	45	46	48
160	46	47	49
163	47	49	51
165	49	51	53
168	50	52	54

- (i) Chest should be well developed. The minimum range of expansion after full inspiration should be 5 cms. The measurement will be taken with a tape so adjusted that its lower edge should touch the nipple in front and the upper part of the tape should touch the lower angle of the shoulder blades behind. X-Ray of the chest is compulsory and will be taken to rule out any disease of the chest.
- (ii) There should be no mal-development or impairment of function of the bones or joint.
- (iii) A candidate should have no past history of mental breakdown or fits.
- (iv) The hearing should be normal. A candidate should be able to hear a forced whisper with each ear at a distance of 610 cms. in a quiet room. There should be no evidence of present or past disease of the ear, nose and throat. There is no impediment of speech.
- (v) There should be no sign of functional or organic disease of the heart and blood vessel. Blood pressure should be normal.
- (vi) There should be no enlargement of liver or spleen. Any evidence of disease of internal organs of the abdomen will be a cause for rejection.
- (vii) Un-operated hernias will make a candidate unfit. If operated, this should have been done at least six months prior to the present examination and healing is completed.
- (viii) There should be no hydrocele, varicocele or piles.
- (ix) Urine examination will be done and any abnormality, if detected will be a cause for rejection.
- (x) Any disease of the skin which is likely to cause disability or disfigurement will also be a cause for rejection.
- (xi) USG abdomen examination will be carried out and any congenital structural anomaly of disease of the abdominal organs will be a cause for rejection.

(xii) The candidates should have sufficient number of natural and sound teeth. A minimum of 14 dental points will be acceptable. When 32 teeth are present, the total dental points are 22. A candidate should not be suffering from severe pyorrhoea.

(d) In own interest candidates are advised to undergo a preliminary, medical check up for wax in ears, refractory error of eyes, fungal infection of skin etc. before reporting for the SSB interview.

(e) All candidates who are selected will be undergoing tough military training and will be deployed to perform military duties in any terrain, weather and austere conditions. In such conditions ill health of any member of the team can jeopardize the military operations or endanger life of the entire team. therefore medical examinations are carried to select candidates who are "Medically fit to perform military duties in any terrain, weather and austere conditions". Candidate should be :

(i) Medically capable of undergoing training and withstand physical and mental demands of performing Military duties of Armed Forces.

(ii) Medically fit to adapt to the military environment without the necessity of geographical area limitations and capable of performing military tasks without access to specialized medical care.

(iii) Free of medical conditions or physical defects that would entail excessive loss of time from duty for treatment and hospitalization.

(iv) Free of contagious diseases that might endanger the health of other ' personnel.

(f) All candidates will be examined by Board of Medical Officers who have undergone basic military training and are well oriented to working conditions of military deployment and working conditions. Medical Boards are held at designated Military Hospitals based on the principles described above and latest knowledge in the medical and military sciences. The entire body is examined thoroughly to the extent feasible to screen out common congenital doformities and other easily detectable disabilities. The medical examination is not intended to be diagnostic in nature, hence only limited investigations are carried out for the purpose of screening wherever indicated. The standards for medical fitness indicated herein are only an outline, and are intended only for general guidance of candidates. The Board of Medical Officers refers to the more comprehensive Medical Standards for recruitment/Commission into the Armed forces as Applicable.

(g) The following investigations are carried out mandatorily during Special Medical Board, however, Medical Officer/Medical Board examining a candidate may ask for any other investigation as required or indicated:-

- (i) Complete Haemogram
- (ii) Urine RE/ME
- (iii) X Ray chest PA view
- (iv) USG abdomen & pelvis

(h) The following are usual of causes for rejection, the list is not exhaustive and Medical Board is the final authority on fitness.

(i) Sinus, fistulae and hernia, cyst, hyper/hypo pigmented patches, swelling, naevus, vascular malformations sous anywhere on the body.

(ii) Head and neck. Musculo-skeletal deformities which can interfere in using safety gear cervical rib.

(iii) Chest. Musculoskeletal deformities viz pectus excavatum, pigeon chest, rickety rosary pleural effusion, parenchymal lesions of lungs, active or residual lesions of tuberculosis.

(iv) Abdomen and reproductive system. Hernia organomegaly, vascular deformities. Renal deformities, gall stones, renal tones etc. Deformities of reproductive system.

(v) Upper limbs, lower limbs and spine. Hyper flexible or restricted movements of joints, Cubitus valgus, Cubitus varus, genu recurvatum, deformities of hands and feet, kyphosis, scoliosis. congenital deformities, like spina bifida etc.

(vi) Skin. Vitiligo, scars, vascular, malformations chronic skin diseases.

(j) Eyes and Vision standards

(i) Should have

(aa) Objective Convergence. It should be  $\leq 10$  cm.

(ab) Accommodation. It should be  $\leq 12$  cm

(ac) Binocular Single Vision (BSV). It should be at least grade-III

(ad) Visual Fields. Should be complete.

(ae) Vision :

	<b>Standards</b>
Vision	Uncorrected VA 3/60 & 3/60
	BCVA 6/6 & 6/6
	Myopia $< -5.5$ D sph including astigmatism,
	Hypermetropia $< +3.5$ D sph including astigmatism,
Colour perception	CP-III (Defective safe)

(ii) The following ocular diseases will make an candidate unfit :

(aa) Ptosis.

(ab) Corneal Opacity.

(ac) Pterygium.

- (ad) Lenticular opacity.
- (ae) Uveitis.
- (af) Nystagmus.
- (ag) Entropion/Ectropion
- (ah) Squint.
- (aj) Night blindness.
- (ak) Retinal lesions.
- (al) Naso-Lacrimal occlusion.

(iii) Vision Correction. Radial Keratotomy is not acceptable. Laser Surgery for correction of visual defects should not have been done earlier than 20 years of age on the date of operation, and also within one year period of reporting for medical examination.

(k) Ears and Hearing standards

(i) Causes for rejection

(aa) Auricle and Mastoide Region. The pinna will be assessed for gross deformity which will hamper wearing of uniform/personal kit/ protective equipment, or which adversely impacts military bearing.

(ab) External Auditory Meatus. Presence of wax, foreign body, exostosis, growth, otomycosis or discharge.

(ac) Tympanic Membrane. Perforations, scars, tympanosclerotic plaques or retraction of membrane. And immobile or partially mobile tympanic membrane.

(ii) Hearing stds. Candidate should be able to hear forced whispering and conversational voice from 610 cms in each ear separately standing with his back to examiner.

(l) Medical Examination of Female Candidates. General methods and principles of medical examination of female candidates will be the same as for male candidates. However, special points pertaining to medical examination of female candidates are given in succeeding paragraphs. A detailed menstrual and gynaecological history in the form of a questionnaire is to be obtained from the candidate. A detailed physical and systemic examination will be carried out of the candidate and she should be examined by a lady Medical Officer or a lady Gynaecologist or male medical officer in the presence of female attendant.

(i) The examination will include the following inspections :-

(aa) External genitalia.

(ab) Hernial orifices and the perineum.

(ac) Any evidence of stress urinary incontinence or genital prolapse outside introitus.

(ii) In all unmarried female candidates, speculum or per vaginal examination will not be carried out.

(iii) Ultrasound scan of the lower abdomen and pelvis is mandatory in all female candidates during the initial medical examination.

(aa) Any abnormality of external genitalia will be considered on merits of each case. Significant hirsutism, especially with male pattern of hair growth along with radiological evidence of PCOS will be a cause for rejection.

(ab) Following conditions will entail female candidates being declared unfit:-

(aaa) Primary or secondary amenorrhoea.

(aab) Severe Menorrhagia or/and severe dysmenorrhoea.

(aac) Stress urinary incontinence.

(aad) Congenital elongation of cervix or prolapsed which comes outside the introitus even after corrective surgery.

(aae) Complex ovarian cyst of any size.

(aaf) Simple Ovarian cyst more than 06 cm.

(aag) Endometriosis and Adenomyosis.

(aah) Submucous fibroid of any size.

(aaj) Broad ligament or cervical fibroid of any size causing pressure over ureter.

(aak) Single fibroid uterus >3 cm in diameter or Fibroids >2 in number, >15 mm in diameter or fibroids causing distortion of endometrial cavity.

(aal) Congenital uterine anomalies except arcuate uterus.

(aam) Acute or chronic pelvic infection.

(aan) Disorders of sexual differentiation.

(aao) Any other condition will be considered on merits of each case by the gynaecologist.



(m). **Pregnancy**. Pregnancy would be a cause of temporary rejection. The individual would be advised to report again to the hospital 24 weeks after an uncomplicated vaginal delivery. In case of an MTP/abortion the review will be carried out after a period of minimum four weeks and upto 12 weeks. However, in case of caesarean section delivery, the candidate would remain unfit for a period of 52 weeks. The individual would then be examined by the Gynecologist and assessed regarding her fitness. In cases wherein, a time period of more than six months has elapsed, post her initial medical examination, she would be subjected to repeat complete medical examination as per the existing regulations.

**Note-1.** The proceedings of the Medical Board are confidential and will not be divulged to anyone. Directorate General of Recruiting has no role to play in any Medical Boards and procedure advised by the medical authorities will be strictly adhered. Decisions of medical authorities are final and binding.